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SAN MIGUEL BASIN
COLORADO STATE UNIVERSITY
EXTENSION



FROM SCRATCH: LEARN FROM THE LOCALS DAY

November 15th - Lone Cone Library, Norwood

9:00am

welcome!

Coffee, fruit + opening words from your Extension Agent, Annika Kristiansen.

9:30am

workshop 1

Oxymels: The Ultimate Immune Tonic — A Brief History and Hands-On Demo w/ Nicole.

10:45am

workshop 2

The Buzz About Bees: Hive Life & Beekeeping on Wright's Mesa w/ Ken.

12:00pm

Lunch
Provided

1:00pm

workshop 3

From Field to Frame: Crafting with Dried Botanicals with Jennifer.

2:00pm

Ask questions, chat with presenters, and check out items available for sale at the sales table.

4:00pm

Stick around for an all level/all bodies vinyasa yoga class w/ Annika.