

Yoga classes at the LoneConeLibrary in person and on zoom

- Mon-Wed-Fri • YinYoga 5-6pm
- Tues BasicYogaFlow 10.05am
- Sat Yoga&Pilates Fusion 10.05am



To reserve a spot in-person or for zoom link
email: mariegreenyoga@gmail.com
or text 970-708-7957
all classes donation based

“The mind and the body is way more powerful together than either one is alone”

www.mariegreenyoga.com